

# ACTS Prayer

**Adoration** – Praise God for who He is. Psalm 48:1

**Confession** – Confess your sins to God. 1 John 1:9

**Thanksgiving** – Thank God for what He has done. 1 Thes. 5:18

**Supplication** – Request God's help for yourself and others. Phil 4: 6-7

# Adoration

Praise God for who He is.

Great is the Lord, and most worthy of praise... Psalm 48:1a

# Confession

Confess your sins to God.

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9

# Thanksgiving

Thank God for what He has done.

Give thanks in all circumstances; for this is God's will for you in Christ Jesus. 1 Thes. 5:18

# Supplication

Request God's help for yourself and others.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Phil 4: 6-7