Christmas Potpourri

The perfect Christmas favor - it's diet and budget-friendly!

Materials for each bag:

- 1 orange
- 1/2 cup fresh cranberries
- 1/2 tablespoon whole cloves
- 2 cinnamon sticks
- · pinch of nutmeg
- cellophane or sandwich bag
- Christmas Potpourri instructions card (next page)

Assembly instructions: Place all potpourri ingredients inside a cellophane or sandwich bag. Insert the Christmas Potpourri instruction card. Seal bag or tie with a ribbon.

Cooking instructions: Quarter the orange and add the remaining contents to a saucepan. Cover with water and simmer on low, allowing the smell of Christmas to fill your home. Add more water as needed. Never leave unattended. Can be used for up to 2 weeks if refrigerated. (Included on the printable card.)

Note: Cinnamon sticks are often available in bulk purchases at warehouse clubs and health food stores at a much better price than your local grocery store.









