## One Day Retreat Schedule Example

## Saturday

9:00 – 9:45 am	Breakfast and Ice Breakers (Fellowship Hall
9:45 – 10:00 am	Break
10:00 – 10:30 am	Welcome (Sanctuary) Prayer Scripture Reading, Praise & Worship
10:30 – 12:00 pm	Speaker 1 Small Group Time Individual Reflection Time
12:00 – 12:45 pm	Lunch (Fellowship Hall)
12:45 – 1:00 pm	Break/Ice Breakers
1:00 – 1:15 pm	Praise & Worship (Sanctuary)
1:15 – 2:45 pm	Speaker 2 Small Group Time Individual Reflection Time
2:45 – 3:00 pm	Interpretative Dance "You'll Never Thirst" Confession/Repentance Time
3:00 pm	Dismissal