

## One-Night Retreat Schedule – Example

### **Friday Night**

6:00 -6:45	Registration & Light Snacks
7:00-7:15	Opening Session (Sanctuary)
7:15-7:45	Worship
7:45-8:45	Session 1

### **Saturday**

8:30-9:30	Continental Breakfast (Fellowship Hall)
9:30-10:00	Worship (Sanctuary)
10:00-11:00	Session 2
11:00-11:15	Break
11:15-12:15	Session 3
12:30-2:00	Lunch (Fellowship Hall or own your own)
2:00-2:45	Concert (Sanctuary)
2:45-3:45	Session 4
3:45-4:00	Conference Closing
4:00-4:30	Book and CD Signing with speakers

Cyndee's notes: This was a conference we held at our church. The schedule was mostly set by our team of three speakers. It was pretty intense and clean-up was rough as I was exhausted at that point. We gave women the option to leave campus for lunch or pre-purchase a boxed lunch because we were concerned that we would not have enough room to feed all of the women that were coming from out of state to hear our speakers. If this were a retreat, that

lunch time could be cut down to 45 minutes allowing you to finish closer to 3 PM which honestly would have been ideal.